

TERRACE SKATING CLUB

Winter Schedule

2009/2010 Season - (Revised Dec. 2009)

January 4 - March 26 2010

Monday	Tuesday	Wednesday	Thursday	Friday
		Senior	Junior	
		Stroking 6:15-6:30 Dan/Sk 6:30-7:00 FS 7:00-7:45	Stroking 6:15-6:30 Dan/Sk 6:30-7:00 FS 7:00-7:45	
Tot Skate		Tot Skate		
1:30-2:00 2:15-2:45		10:00-10:30 10:45-11:15		
CanSkate	Junior/Senior	CanSkate	Pre-Junior	Pre Jr/Jr
3:30-4:15	Jr Stroking 3:30-3:40	3:30-4:15	3:30-4:30	Stroking 3:30-3:40
Flood 4:15	Jr/Sr Skills 3:40-4:10	Flood 4:15	Flood 4:30	FS 3:40-4:20
Junior	Jr/Sr FS 4:10-4:50	Junior	Senior	Run Thru 4:20-4:30
Dan/Sk 4:30-5:00 FS 5:00-5:30	Jr/Sr Open L 4:50-5:00	Dance 4:30-5:00 FS 5:00-5:45 FM 5:45-6:00	Stroking 4:45-5:00 Dance 5:00-5:30 FS 5:30-6:15 Run Thru 6:15-6:30	Senior
Senior	Flood - 5:00			Skills 4:30-5:00
Skills 5:30-5:50 Spins 5:50-6:00	CanSkate/PJ			FS 5:00-5:45 FM 5:45-6:00
Flood 6:00	5:15-6:00			
FS 6:15-7:00	Pre-Power 6:00-6:45			
	Flood 6:45			
	CanPower 7:15-8:00			

Tot Skate - Under 5 years of age CanSkate - Over 5 years of age

FS = Freeskate, E.Class = Edge Class, FM = Field Moves, Open L = Open Learning

Please remember to arrive 10-15 minutes prior to your ice time so you are ready to step on the ice when your session begins.

